

Teaching Tool 7 – Guided Reflection

CanMEDS Scholar

Evidence-Informed Decision-Making (EIDM) in day-to-day practice

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Physicians are expected to integrate best available evidence into their practice. This small group exercise is designed to get you thinking about strategies that you could use to identify, select and navigate pre-appraised resources.

Completed by: _____

Date: _____

1. Take a moment on your own and reflect on your experiences over the past few months to generate a short list of information that you needed or a question that you had when making a clinical decision.

1.

2.

3.

2. Could the information/questions be answered by looking in a pre-appraised resource? If yes, what resource? Where did/could you find it?

1.

2.

3.

3. Compare your answers to Questions 1 and 2 with your colleagues. Note the differences and similarities.

4. Take a moment and identify up to three pieces of information or questions that, in your experience, couldn't be answered by a pre-appraised source? What was your solution?

5. Choose one of the situations you identified in question 1 or 3 and complete the table (i.e. via self report OR ask a faculty member to fill it out for you).

1 Unacceptably	2 Poorly	3 Competently	4 Very well	5 Superbly	Not Applicable
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I was able to:	Rate your approach IN THIS SITUATION. Illustrate and explain rating	Areas or ideas for improvement?
Identify an evidence question		
Develop a search strategy		
Collect, extract and synthesize evidence		
Interpret and adapt evidence; and		
Plan to implement and evaluate.		

6. Based on this exercise, summarize briefly any high-level lessons that you took away from this exercise. What, if any, longer term implications did you identify that you could incorporate into your lifelong learning?